### We Build Athletes

### **Play With A Purpose!**



# Our camps are different...

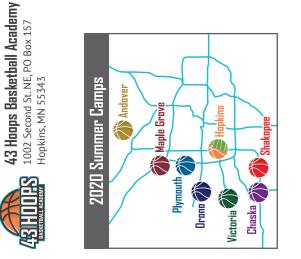
- We have the most experienced staff of professional trainers in the Twin Cities
- We guarantee a participant-to-trainer ratio of 8:1 or less
- Our drills emphasize individual skill development as well as basketball IQ
- We believe that repetition builds mastery and mastery builds confidence
- We challenge every participant, regardless of age or skill level, to reach their full potential
- We maintain an atmosphere that is fun, positive, and focused
- We hold camps and clinics at many convenient locations around the metro

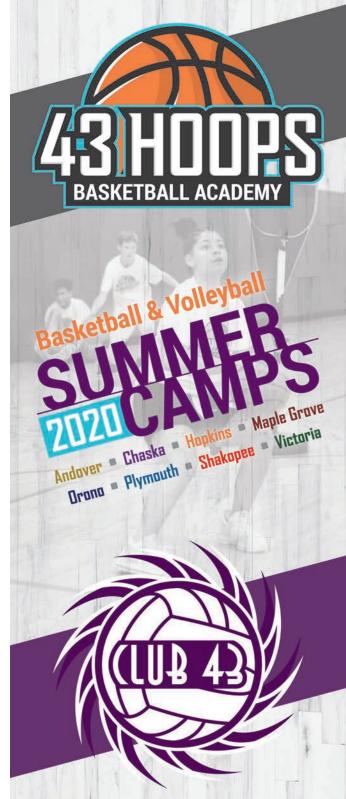
43hoops.com

### Our camps are different...

- Our camps are directed by Annie Adamczak-Glavan, former NCAA All-American at Nebraska and professional player, along with the professional training staff of *CLUB 43* Volleyball
- Our drills emphasize both technical skill development as well as understanding the strategies for becoming a smarter player
- Our goal is not only for every participant to get better as a player, but also to become a stronger, more confident, young woman
- We maintain an atmosphere that is fun, positive, and focused
- Our camps, clinics & training are located at our Hopkins facility, home of the 43 Hoops Basketball Academy, and are for girls and boys

#### club43volleyball.com





# **Call or Visit Us Online!**



# 952-294-4667

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### 43hoops.com

Focus on becoming a scorer in game situations and

Develop the skills to be an effective player on both ends

Develop the skills to be an effective player on both ends

Focus on competitive and fun drills (offense and defense),

of the court, shooting, rebounding and defending.

Specialty Skills / 5-on-5 Camp - Boys \$270

of the court, shooting, rebounding and defending.

team concepts, along with supervised scrimmages.

AUGUST

6

10am-12pm or 1-3pm

13

20

27

10am-12pm

10am-4pm

9am-3pm

10am-4pm

9am-3pm

10am-12pm

1-3pm

3-5pm

3 H

14

21

10am-4pm 5/5 Camp

28

3 H

Lil Hoops

11a-12:30p

3 H

Lil Hoops

5/5 Camp

11a-12:30p

Lil Hoops

5/5 Camp 11a-12:30p

15

22

29

Grades 4-8 | Mon-Thur | AN HP DR PL SH VI

creating scoring opportunities for your team.

8 Specialty Skills / 5-on-5 Camp \$270

7 Skills to Score Camp \$125

Grades 4-8 | Mon-Thur | HP

Grades 4-8 | Mon-Thur | MG

Summer Tip-Off Camp \$270

Grades 4-8 | Mon-Thur | HP

1 HP Got Handles? & Shooting Clinic

4 VI Peak Performance Camp - Boys

1 HP Got Handles? & Shooting Clinic

12

10

26

9 MG Specialty Skills / 5-on-5 Camp - Boys 9am-3pm

9 MG Specialty Skills / 5-on-5 Camp - Boys 9am-3pm

11

6 MG "She Got Next" Camp - Girls

4 HP Peak Performance Camp

4 CH Peak Performance Camp

25

7 HP Skills to Score Camp

6 MG "She Got Next" Camp - Girls

1 HP Got Handles? & Shooting Clinic

5 HP Point Guard Camp

2 3

10

16 17

23 24

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# club43volleyball.com

#### **VOLLEYBALL CAMPS, CLINICS & TRAINING**

All **CLUB 43** volleyball camps, clinics and training are conducted at the 43 Hoops Basketball Academy facility.

#### **Volleyball Summer Camps in Hopkins**

June 22-25		Grades 3-6   10am-12pm   M-Th Grades 7-9   1-4pm   M-Th
Jul 20-23	\$195	Grades 7-9   1-4pm   M-Th
August 10-13		Grades 3-6   10am-12pm   M-Th Grades 7-9   1-4pm   M-Th

#### **Volleyball Summer Training in Hopkins**

July 8 - Aug 5	\$95	Grades 3-6   5-6pm   Wed (5 weeks)	
	\$95	Grades 7-10   6-7pm   Wed (5 weeks)	
	\$20 drop in rate   Training open to boys & girls!		

#### **Volleyball Little Diggers in Hopkins**

June 17 - July 22	\$125 Grades K-2 8-9am Wed (5 weeks)   \$125 Grades 3-6 9-10am Wed (5 weeks)	
July 29 - Aug 26	\$125 Grades K-2 8-9am Wed (5 weeks)   \$125 Grades 3-6 9-10am Wed (5 weeks)	

Check out our website for other summer programs including:

- Competitive Open Gyms
- Private and Group Lessons
- 😂 Elite Training



Volleyball lessons, schedule directly with Annie Glavan 952-200-4501 or annieglavan@club43volleyball.com

Little Hoops 5-on-5 Camp \$205 10-week camp designed to develop basic skills and knowledge: dribbling, shooting, defense, and 5-on-5 play. Grades 1-3 | Fridays (no class 7/3) | HP

4 Peak Performance Camp \$270 Designed to prepare you for tryouts by giving you the skills and confidence to perform at your highest level. Grades 4-8 | Mon-Thur | CH HP VI

Point Guard Camp \$185 Designed to teach point guards to process game situations and make guicker/better decisions on the court. Grades 4-10 Mon-Thur

6 "She Got Next" Girls Only Camp \$270 For girls who are serious about playing at the highest level: developing skills and building confidence. Grades 4-8 Mon-Thur HP MG

S		Мо	Tu	JULY We	Th	Fr	S
				1	2	3	4
5	6		7	8	9	10	1.
. (	6 MG	"She Go	ot Next" Camp	- Girls	9am-3pm	3 HP	
(	9)MG	Specia	ty Skills / 5-o	n-5 Camp - B	oys 9am-3pm	Lil Hoops	
(	1) HP		ndles? & Shoo		10am-12pm	5/5 Camp	
(	1)HP	Got Ha	ndles? & Shoo	ting Clinic	1-3pm	11a-12:30p	
12	13		14	15	16	17	18
						3 HP	
(	8 AN	Special	lty Skills / 5-o	n-5 Camp	9:30am-3:30pm		<b>Lil Hoops</b> <b>5/5 Camp</b> 11a-12:30p
	6 HP	"She Go	ot Next" Camp	- Girls	10am-4pm		
19	20		21	22	23	24	2
(	8 SH	Special	ty Skills / 5-o	n-5 Camp	9am-3pm	3 HP	
(	2 HP	Junior	Hoops Camp 1	01	10am-12pm	Lil Hoops	
. (	1) HP	Got Ha	ndles? & Shoo	ting Clinic	1-3pm	5/5 Camp	
(	1) HP	Got Ha	ndles? & Shoo	ting Clinic	3-5pm	11a-12:30p	
26	27		28	29	30	31	
						3 HP	
	8) PL		lty Skills / 5-o		9am-3pm	Lil Hoops	
(	4 <u>H</u> P	Peak Performance Camp			10am-4pm	<b>5/5 Camp</b> 11a-12:30p	

All 43 Hoops Camps are co-ed unless otherwise noted.

All CLUB 43 Camps & Training are co-ed unless noted.